



# PCI College

Established 1991

## **REQUEST FOR RECOGNITION OF SPECIFIC CREDIT FOR PRIOR CERTIFICATED LEARNING (RPL) APPLICABLE TO THE BSC (HONS) COUNSELLING AND PSYCHOTHERAPY PROGRAMME**

### **Recognition of Certified Learning (RPL) Overview**

If you have previously completed training in an area comparable to the PCI College course that you are applying for, you may be eligible to receive recognition of prior learning (RPL) upon entry to your PCI College programme. In order to receive recognition of prior learning, the following conditions must be met:

- Your previous studies must be credit-bearing, i.e. you must have been awarded credits on completion of your previous studies
- These credits must have been previously awarded at the same, or higher, level to the course that you are applying for. For example, if you are applying for Year 2 entry on the BSc, you must have completed a minimum of 90 ECTS credits at Level 4. Please see Section 1 of the application for information on levels and credits
- You must have completed the equivalent class contact hours, or as close to as possible, as those associated with the modules for which you are seeking RPL. This information is in Section 1 of the application.
- You must be able to demonstrate, by way of evidence, that you have met the learning outcomes for each module that you are seeking RPL credit for

### Applicant Instructions:

- Please complete this form in full, demonstrating with documented evidence how the learning outcomes, class contact hours and credits being applied for have been met through your previous studies.
- Please point clearly, within this form, to evidence within the supporting documents you provide, for example, please reference page numbers, paragraph numbers of the programme handbook, etc.
- Please clearly label all supporting documentation that accompanies this application and refer to these labels clearly within this form, for example, you may wish to state that a comparable module has 15 ECT credits and therefore can include the following in your application: *Module123 contains 15ECTS credits, as evidenced in the attached supporting document titled Jane Doe Transcript.*
- Where you are applying for RPL to be granted for clinical elements, please provide documented evidence to demonstrate this, for example, a signed clinical log, supervisor's report, etc. Please note that RPL for client work and clinical supervision will only be applicable to applicants on the Upgrade Programme.
- Please note it is your responsibility to effectively demonstrate that you have met the requirements for each module for which you are seeking RPL. The onus is not on PCI College to seek this out, it must be evident within the information you submit as part of this course comparison mapping.
- Please submit this form with your request for RPL to be certified to [enquiries@pcicollege.ie](mailto:enquiries@pcicollege.ie) Credit will only be formally conferred once it has been granted by PCI College Link Tutor and External Examiner.

#### Section 1

**Applicant Name:**

**Title of Middlesex programme applied for:** BSc (Hons) Counselling and Psychotherapy

**Partner name:** PCI College

**Year of Entry Requested:**

**Total number of credits being claimed, class contact hours and FHEQ level: Please tick:**

Year 2 Entry: 45 ECTS credits, Level 4 FHEQ/90 credits, 180 class contact hours, Level 6 ECTS

Year 3 Entry: 90 ECTS credits, Level 4&5 FHEQ/180 credits, 360 class contact hours, Level 6& 7 ECTS

Section 2: BSc (Hons) Counselling and Psychotherapy Module Details	Evidence of Equivalent Certified Learning
<b>Year 1</b>	
<p><b>Module Title:</b> Contemporary Humanistic &amp; Existential Perspectives in Counselling &amp; Psychotherapy</p> <p><b>Module Code:</b> CP411</p> <p><b>Credits:</b> 30 FHEQ/15 ECTS</p> <p><b>Level:</b> 4 FHEQ/ 6 NFQ</p> <p><b>Class Contact Time:</b> 60 hours</p> <p><b>Learning Outcomes:</b></p> <ol style="list-style-type: none"> <li>1. The relationship between the Humanistic and Existential approaches to counselling and how such approaches can be integrated into your personal and professional life.</li> <li>2. An Evaluation of the contribution of key theorists to the Humanistic and Existential schools of counselling and psychotherapy.</li> <li>3. Connecting and evaluating the philosophical concepts underpinning Humanistic approaches and key philosophical principles of Existentialism.</li> <li>4. The main principles of the Person-Centred approach to therapy. Evaluating and assessing the Person-Centred approach and the existentialist approach as a way of being.</li> <li>5. How to apply and reflect on Person-Centred and Existential models of process and change, identifying common and unique characteristics of Humanistic and Existential psychotherapy.</li> <li>6. How to read the relevant literature on Humanistic and Existential approaches to psychotherapy</li> </ol>	<p><b>Comparable Course Title:</b></p> <p><b>Institution:</b></p> <p><b>Comparable Module Title:</b></p> <p><b>Credits:</b></p> <p><b>Level:</b></p> <p><b>Class Contact Time:</b></p> <p><b>Assessment:</b></p> <p><b>Grade Achieved:</b></p> <p><b>Evidence of Learning Outcomes matched:</b> <i>(Please refer to evidence within your previous handbook/module narratives as to how each learning outcome from the PCI module has been met)</i></p> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> </ol>
<p><b><u>PCI College Internal Use Only</u></b></p> <p><b>Credits Certified:</b></p> <p><b>Assessor/s comments:</b></p>	

**Module Title:** Professional Competence: Counselling Skills & Ethical Practice  
**Module Code:** CP412  
**Credits:** 30 FHEQ/15 ECTS  
**Level:** 4 FHEQ/ 6 NFQ  
**Class Contact Time:** 60 hours  
**Learning Outcomes:**

1. Evaluate competency in a variety of key baseline counselling skills.
2. Understand how to establish an appropriate setting for counselling, including making a working contract and managing personal and professional boundaries.
3. Demonstrate awareness of the importance of ethics in counselling and the influence of personal values on same.
4. Self-evaluate your ability to offer a structured counselling experience to a client.
5. Reflect upon the contribution of the therapist's use of self to the process and outcome of therapy.
6. Identify strengths and areas for improvement through reflection on triad/small group work.
7. Understand the value of feedback, both giving and receiving, as well as ongoing reflective practice, individually and in groups

**Comparable Course Title:**  
**Institution:**  
**Comparable Module Title:**  
**Credits:**  
**Level:**  
**Class Contact Time:**  
**Assessment:**  
**Grade Achieved:**

**Evidence of Learning Outcomes matched:** *(Please refer to evidence within your previous handbook/module narratives as to how each learning outcome from the PCI module has been met)*

- 1.
- 2.
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**PCI College Internal Use Only**

**Credits Certified:**  
**Assessor/s comments:**

**Module Title:** Personal Development: Self-Awareness & the Reflective Practitioner

**Module Code:** CP413

**Credits:** 30 FHEQ/15 ECTS

**Level:** 4 FHEQ/ 6 NFQ

**Class Contact Time:** 60 hours

**Learning Outcomes:**

1. Evaluate the meaning and importance of self-awareness in becoming an effective counsellor and the tasks involved in integrating personal experiences into professional selves.
2. Demonstrate an ability to self-reflect on the development of your own self-concept, especially in the areas of needs, values, internalised beliefs, motivations, emotional resilience and the impact of same on personal and professional relationships.
3. Show increased awareness by reflecting on the self through the lens of attachment theory and the influence of the same on emotional life and patterns of social relationships.
4. Recognise personal defensive strategies and identify configurations of self.
5. Prepare and deliver a verbal presentation to the group.

**Comparable Course Title:**

**Institution:**

**Comparable Module Title:**

**Credits:**

**Level:**

**Class Contact Time:**

**Assessment:**

**Grade Achieved:**

**Evidence of Learning Outcomes matched:** *(Please refer to evidence within your previous handbook/module narratives as to how each learning outcome from the PCI module has been met)*

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**PCI College Internal Use Only**

**Credits Certified:**

**Assessor/s comments:**

<b>Year 2</b>	
<p><b>Module Title:</b> Personal Development: The Relational Self  <b>Module Code:</b> CP423  <b>Credits:</b> 30 FHEQ/15 ECTS  <b>Level:</b> 4 FHEQ/ 6 NFQ  <b>Class Contact Time:</b> 60 hours  <b>Learning Outcomes:</b></p> <ol style="list-style-type: none"> <li>1. Investigate the nature of 'self in relationship' referencing theoretical frameworks, life events and relational dynamics, demonstrating proficiency in integrating theory and reflective practice.</li> <li>2. Exhibit increased awareness of 'self' as a relational being with reference to theories of loss, sexuality, life scripts, group process and family dynamics.</li> <li>3. Establish a cultivated sensitivity around gender, sexuality and relationship diversity.</li> <li>4. Demonstrate an increased understanding of relational blocks and an emerging capacity to work at relational depth.</li> <li>5. Show capability in developing strategies for coping with and working through personally challenging issues while staying grounded as a therapist.</li> </ol>	<p><b>Comparable Course Title:</b>  <b>Institution:</b>  <b>Comparable Module Title:</b>  <b>Credits:</b>  <b>Level:</b>  <b>Class Contact Time:</b>  <b>Assessment:</b>  <b>Grade Achieved:</b>  <b>Evidence of Learning Outcomes matched:</b> <i>(Please refer to evidence within your previous handbook/module narratives as to how each learning outcome from the PCI module has been met)</i></p> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>
<p><i>PCI College Internal Use Only:</i>  <b>Credits Certified:</b>  <b>Assessor/s comments:</b></p>	

**Module Title:** Contemporary Cognitive Behavioural Therapy Theory & Practice

**Module Code:** CP521

**Credits:** 30 FHEQ/15 ECTS

**Level:** 5 FHEQ/ 7 NFQ

**Class Contact Time:** 60 hours

**Learning Outcomes:**

1. Critically evaluate the strengths, limitations and current thinking on CBT as an evidence-based approach to counselling and psychotherapy
2. Differentiate between the principal mood and anxiety disorders while understanding the role of medication.
3. Determine the cognitive and behavioural strategies used for common mood and anxiety disorders and the value of focusing on key cognitions and behaviours.
4. Critique the use of outcome measures as process instruments
5. Integrate the skills and theories of CBT with humanistic approaches.

**Comparable Course Title:**

**Institution:**

**Comparable Module Title:**

**Credits:**

**Level:**

**Class Contact Time:**

**Assessment:**

**Grade Achieved:**

**Evidence of Learning Outcomes matched:** *(Please refer to evidence within your previous handbook/module narratives as to how each learning outcome from the PCI module has been met)*

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*PCI College Internal Use Only:*

**Credits Certified:**

**Assessor/s comments:**

**Module Title:** Professional Competence: Advanced Skills & Ethical Practice  
**Module Code:** CP522  
**Credits:** 30 FHEQ/15 ECTS  
**Level:** 5 FHEQ/ 7 NFQ  
**Class Contact Time:** 60 hours  
**Learning Outcomes:**

1. Evaluate competency in a wider range of therapeutic interventions and advanced counselling skills.
2. Display a deepening awareness of the importance of ethics in counselling and the influence of personal values, prejudices and triggers on same.
3. Demonstrate an understanding of the importance of multicultural awareness and sensitivity towards the unique issues faced by diverse and/or minority populations.
4. Critically appraise and summarise the principles of key codes of ethics in the Irish/ British fields of counselling and psychotherapy.
5. Display working knowledge of practitioner considerations such as the use of supervision, keeping of case notes, and various legal issues.
6. Identify further strengths and areas for improvement through reflection on triad/ small group work.

**Comparable Course Title:**  
**Institution:**  
**Comparable Module Title:**  
**Credits:**  
**Level:**  
**Class Contact Time:**  
**Assessment:**  
**Grade Achieved:**  
**Evidence of Learning Outcomes matched:** *(Please refer to evidence within the handbook/module narratives as to how each learning outcome from the PCI module has been met)*

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- 6.

*PCI College Internal Use Only:*

**Credits Certified:**

**Assessor/s comments:**

<b>Clinical Elements (please note there is no RPL available for client hours)</b>	
<b>Group Supervision:</b> 32 hours <b>Personal Therapy with an IACP/BACP/IAHIP Accredited Therapist:</b> 50 hours	<i>Please provide documented evidence to demonstrate how the following have been achieved within the past 24 months and as part as your transferring programme:</i> <b>Group Supervision:</b> <b>Personal Therapy with an IACP/BACP/IAHIP Accredited Therapist:</b>
<i>PCI College Internal Use Only:</i> <b>Clinical Elements Certified:</b>  <b>Assessor/s comments:</b>	

**Section 3: Applicant Supporting statement (1000 words maximum):**

**Section 4: Applicant Checklist**

**Please confirm that you have supplied the following:**

- Copies of transcripts outlining credits and grades achieved
- Copies of the programme handbook
- Copies of module narrative content
- Evidence of class contact time completed
- Evidence of completion of clinical elements where applicable
- Confirmation of Personal Therapy Hours completed while enrolled in the previous programme, signed by the Personal Therapist.  
Letter confirming Fitness to Practice stamped and signed by the previous college (Year 3 Entry Only)

**Section 5: PCI College Internal Use Only.**

Notes for Interview:

PCI Module Code	PCI Module Title	Comparable Module Title/s	Credits Approved	Notes
CP411	Contemporary Humanistic & Existential Perspectives in Counselling & Psychotherapy			
CP412	Professional Competence: Counselling Skills & Ethical Practice			
CP413	Personal Development: Self-Awareness & the Reflective Practitioner			
CP423	Personal Development: The Relational Self			
CP521	Contemporary Cognitive Behavioural Therapy			

	Theory & Practice			
CP522	Professional Competence: Advanced Skills & Ethical Practice			

Institute Link Tutor Signature:

External Examiner Signature:

Programme Leader Signature:

University Link Tutor Signature:

Date: \_\_\_\_\_